



Journeying through Advent


This Advent why not use our calendar as an aid for the journey?

As well as for your personal use some of the daily suggestions may be helpful ideas for Branch or group meetings.

We have also included a blank template should you wish to create a calendar using your own ideas and prayer points; or a mixture of both.

- **You could create a calendar based on your link dioceses and other specific Mothers' Union concerns and initiatives.**
- **You could make the focus for the calendar prayers and ideas for young families to engage with.**

Journeying through Advent

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
November 26 Give thanks that the hope of Christ shines as light in the darkness	27 Ask God to give you hope and expectation for your Advent journey	28 Reflect on how the events of this year may affect your attitude to the season	29 Consider your "to do" list this Advent. Is there scope to simplify in any way?	30 Thank God that as we journey to the newborn Christ our risen Lord accompanies us	December 01 Choose a Bible verse about the nativity and use it as an inspiration for prayer	02 Pray for those whose difficult lives are more heard to bear in this season of good cheer
03 Give thanks for our Prince of Peace, and for our call to be peace-makers in the world	04 Pray for the message of Christmas to be heard amidst the season's commercialisation	05 Thank God for Mary's obedience. Is there something you sense God is asking of you?	06 Pray for areas of the world where there will be no peace this Christmas	07 Choose a favourite carol and use it as an inspiration for prayer	08 How would you explain the meaning of the nativity to someone who had never heard?	09 Pray for refugees spending Christmas away from home and family
10 Give thanks that the love of Christ brings forgiveness and new mercies every day	11 As you write cards or send email greetings pray God's blessing for the recipients	12 Read an account of the nativity in a different Bible version for a fresh insight	13 On your Advent journey pray for all who are seeking Christ for the first time	14 Enjoy the aroma of seasonal spices and reflect on the fragrant offering of Christ <i>Ephesians 5:2</i>	15 Think of a good memory from a past Christmas and thank God for it	16 Pray for families who struggle to provide necessities and treats for their family
17 Give thanks for the joy we have now and for eternity through the coming of Christ	18 Pray for families who will be apart or in conflict this Christmas	19 Choose a Bible verse about Christ's second coming and use it as an inspiration for prayer	20 Pray for the homeless that they will find shelter during this season	21 As you taste a seasonal treat give thanks for Christ who came as the bread of life	22 Reflect on what may lie ahead in the coming year. Be honest with God about your hopes and concerns	23 Pray for the bereaved spending their first Christmas without a loved one
24 Make ready to hear the angels' glad tidings and to join in praise with the company of heaven	25 Joy to the world, the Lord has come! Let earth receive her King!					

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November 26	27	28	29	30	December 01	02
03	04	05	06	07	08	09
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25					